INTOUCH CRISIS HOTLINE ACTIVITIES 2014-2015

ENGAGE IN 2 EXPERIENCES OF URBAN EXPLORATION
- Volunteer at the InTouch Crisis Hotline for a minimum commitment of 8 months.
- Engage in outreach events and promotion of InTouch Crisis Hotline in the Chicagoland area.
- Participate in community events (e.g., NAMI walk, out of the darkness) that raise awareness of mental health issues.
- Participate in internship at the UIC InTouch Crisis Hotline with a minimum of 120 hours for the semester.

ENGAGE IN 2 EXPERIENCES OF INQUIRING MINDS
- Become a mentor at the UIC InTouch Hotline.
- Attend the information panel on “Applying to graduate programs in Mental Health” (held annually by Friends of In-Touch and PSI-CHI).
- Complete 45 hours of volunteer service at the UIC InTouch Crisis Hotline.

ENGAGE IN 2 EXPERIENCES OF COMMUNITY
- Participate in outreach events on campus to promote awareness of the UIC InTouch Hotline and its services.
- Help organize and participate in a fundraiser event on campus.
- Regularly attend monthly meetings for Friends of InTouch and contribute towards discussion of clinical matters.
- Serve on the e-board for the student organization, Friends of InTouch.
- Become a role play supervisor.
- Work on campus (TA for PSCH 386).

For more information, visit www.uicexperience.uic.edu.
The UIC Experience is a co-curricular opportunity that enhances students’ learning and development as tomorrow’s global leaders by reinforcing three key areas: urban exploration, intellectual inquiry, and engagement in a diverse community.

**URBAN EXPLORATION**

**INQUIRING MINDS**

**COMMUNITY**

The UIC Experience exists in Chicago’s world-class URBAN center where INQUIRING minds explore within a richly diverse campus COMMUNITY, with the goal of helping develop tomorrow’s global leaders.

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